

Smartphone Basics: Getting Comfortable

Learn your phone one simple step at a time.

WHAT YOU LEARNED TODAY

- If you ever feel lost: go home. You cannot get stuck if you know the way home.
- Phone search finds any app or contact in seconds.
- Sending a photo by text is three gentle taps.
- A normal restart is a safe first step and should not remove your photos, contacts, or messages.

YOUR TAKE-HOME STEPS

1 Feeling lost? Go home.

1. Swipe up from the very bottom of the screen, or press the round home button.
2. You are back on familiar ground. Wherever you are, this always works.

2 Find anything with phone search

1. Swipe down in the middle of the home screen.
2. Type the first few letters of an app or a contact, then tap the result.

3 Send a photo by text

1. Open Messages and tap the conversation.
2. Tap the plus sign or camera symbol next to the typing bar.
3. Tap Photos, tap the picture, tap the send arrow.

4 Type without typing

1. Tap the microphone on the keyboard and just talk.
2. Say your punctuation out loud, like "period." Tap it again when you are done.

5 Make the text bigger

1. Settings, then Display and Brightness, then Text Size.
2. Drag the slider to the right. The whole phone's text grows.

6 When the phone acts strange: restart

1. Hold the side button (with a volume button on newer iPhones) until the power slider appears.
2. Slide off, wait 30 seconds, then turn it back on. A normal restart should not remove your photos, contacts, or messages.

PRACTICE AT HOME THIS WEEK

- ☐ Send a text to a family member, then send them a photo.
- ☐ Take a photo and find it in the Photos app.
- ☐ Use phone search to find the Calculator.
- ☐ Turn the flashlight on and off.
- ☐ Try dictating one text with the microphone.

STAYING SAFE, CALMLY

- Scams share one pattern: urgency plus a request. The more urgent it sounds, the slower you go.
- You never have to answer an unknown number. Real callers leave a voicemail.
- Unexpected link in a text or email? When in doubt, do not tap.
- No real company ever asks for payment in gift cards.

WANT A HAND?

Some projects are bigger than a class – a full photo cleanup, a real backup plan, passwords, or moving to a new phone. My Tech Tune-Up Visit is a calm two-hour home visit (\$250): we handle the tech issues that have piled up, and you get a clear next-steps sheet before I leave.

772-588-4324

cj@verotechcare.com
verotechcare.com

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Coming up in the series – Part 2: Smartphone Made Easier (Settings, Maps and Accessibility) · Part 3: Smartphone Made Smarter (Voice, Shortcuts and Automation)